

**PENN COMMERCIAL BUSINESS/TECHNICAL**  
**SCHOOL COVID-19 CAMPUS HEALTH AND SAFETY**  
**PLAN UPDATE 06/28/2021**

**MASK MANDATE LIFTED**

Governor Tom Wolf's office announced that the state wide mask mandate has been lifted effective 06/28/2021 for all Pennsylvanian's and businesses. An email notification was sent to all employees and students.

**PENN COMMERCIAL BUSINESS/TECHNICAL SCHOOL IS FULLY OPERATIONAL AND THE CAMPUS IS OPEN**

While we had been operating under various phases throughout much of the pandemic per Pennsylvania mandates, Penn Commercial is fully open and operational effective the summer 2021 quarter. Safety protocols will continue to be observed and the changing COVID-19 dynamics and impact to the campus will continue to be assessed by administration.

**SAFETY PRECAUTIONS**

Penn Commercial expects that appropriate safety precautions be adhered to by students and employees coming to campus in order to reduce the risk of exposure to the COVID-19 virus. These precautions include asking individuals to: do daily personal health checks; monitor and report any COVID signs and symptoms; practice social distancing as much as possible; wash hands with soap and water; and use hand sanitizer often. In addition, COVID-19 vaccinations are strongly encouraged of all students and employees.

**SYMPTOMS MONITORING**

Students who are sick or have symptoms of COVID-19 should notify the Director of Student Services immediately and stay home until symptoms resolve. Instructors should be flexible and allow alternative mechanisms for assignment or course completion. Students should seek medical attention if symptoms are severe or persistent and get COVID testing as recommended by the Director of Student Services. Students must be free of ANY symptoms potentially related to COVID-19 to be eligible to return to campus. Submission of a negative COVID-19 test and/or quarantine is required to return to campus.

Employees who are sick or have symptoms of COVID-19 should notify the Campus Director and Vice President of Operations immediately and stay home until symptoms resolve. Employees should seek medical attention if symptoms are severe or persistent and get COVID testing as recommended by the Administration. Employees must be free of ANY symptoms potentially related to COVID-19 to be eligible to return to campus. Submission of a negative COVID-19 test and/or quarantine is required to return to campus.

**STUDENTS EXPOSED TO OR HAVING BEEN DIAGNOSED WITH COVID-19**

Students who are diagnosed with COVID-19 or who suspect exposure to someone who has been diagnosed with COVID-19 will most likely be asked to isolate or quarantine depending on the situation and should contact the Director of Student Services immediately for further direction and assistance.

**EMPLOYEES EXPOSED TO OR HAVING BEEN DIAGNOSED WITH COVID-19**

Employees who are diagnosed with COVID-19 or who suspect exposure to someone who has been diagnosed with COVID-19 will most likely be asked to isolate or quarantine depending on the situation and should contact the Campus Director and Vice President of Operations immediately for further direction and assistance.

**IF YOU ARE FEELING SICK, STAY HOME!**

## BACKGROUND

COVID-19 is a new disease. We know that it mainly spreads between people who are in close contact with one another (within about six feet for about 10 consecutive minutes), other times called person-to-person transmission. It is important to remember that we are still learning how this virus spreads, how severe it is and how it may spread in the United States.

After getting tested for COVID-19, you will receive your results from your healthcare provider anywhere between one to seven days after testing. This time may take longer depending on the testing volume and the laboratory doing the testing.

## WHAT SHOULD I DO WHILE I WAIT FOR MY RESULT?

- Self-isolate to your home.
- If you live with others, self-isolate in a private room and use a private bathroom if possible.
- Whoever else lives in your home should also stay at home.
- Make a list of close contacts you have had from two days before you became sick until you isolated. Close contacts are people who have been within 6 feet of you for a period of 10 minutes or more.
- Wear a mask when you enter general living areas. Interact with others as little as possible.
- If you develop additional symptoms or if your symptoms get worse, notify your healthcare provider for instructions.

## WHAT SHOULD I DO IF I TEST POSITIVE?

- Notify your close contacts and let them know they should quarantine at home for 14 days. This includes your family members.
- Self-isolate in your home until each of the following conditions are met:
  1. At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath).
  2. At least 10 days have passed since symptoms first appeared.
- If your symptoms get worse or if you require hospitalization, notify your healthcare provider immediately and follow instructions about wearing a mask when you arrive at the facility.
- If you do not need hospitalization, continue to self-isolate at home.

## WHAT DO I DO IF MY TEST IS NEGATIVE?

- If you had a **known exposure** to a confirmed case, continue to quarantine until 14 days after your exposure.
- If you were tested but had **no known exposure** to a confirmed case, and you are **asymptomatic**, you can stop your self-quarantine.
- If you were tested but had **no known exposure** to a confirmed case, and you are symptomatic, you may have another respiratory pathogen that is circulating in the community. Avoid work and group settings until three days after the last day of your respiratory symptoms and fever.

## RESOURCES FOR MORE INFORMATION

For more information, visit <https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx>

The latest information on the coronavirus in the U.S. and worldwide can be found on the [CDC website](#).

Additional information from the CDC on what to do if you are sick can be found [here](#).

Help is available, contact the Crisis Text Line by texting **PA to 741-741**.